## **Profile**

## *Dr. Yugal K Mishra* Director – Cardiac Surgery Escorts Heart Institute & Research Centre

Dr. Yugal K Mishra, Director – Cardiac Surgery at Escorts Heart Institute & Research Centre, is one of the pioneers of minimally invasive cardiac surgery in India.

Since joining Escorts Heart Institute in 1991, Dr. Mishra has been one of the key surgeons responsible for performing a significant portion of cardiac surgeries done at Escorts Heart Institute. He has operated over 7000 cardiovascular cases so far.

Dr. Mishra pioneered minimally invasive cardiac surgeries at Escorts Heart Institute including MIDCAB (Minimally Invasive Direct Coronary Artery Bypass Surgery), OPCAB (Off Pump Coronary Artery Bypass Surgery), and Port access approach for mitral valve surgery and ASD closure. Dr Mishra's area of interest includes redo cardiac surgery and Robotic Cardiac Surgery, which he initiated in December 2002 at Escorts Heart Institute. He has performed more than 500 redo cases and over 350 robotic cardiac cases.

Besides, Clinical work, Dr. Mishra is actively involved in research and has already published more than 70 scientific papers in national and international journals.

Dr. Mishra has the rare distinction of being a Director on the Board of Directors of International Society for Minimally Invasive Cardiac Surgery. He is the 4<sup>th</sup> Asian to be so honored and only the 2<sup>nd</sup> Indian to hold this distinction.

In 2006, Dr. Mishra was awarded the Lifetime Achievement Award by World Congress on Clinical and Preventive Cardiology. A Life Member of Cardiological Society of India, Dr. Mishra was honoured with Rashtriya Ratan Award by International Study Circle in 2005. He is the Founder Member of Indian College of Cardiology and also Fellow Member of Association of Thoracic Cardiovascular Surgeons of India.

Dr. Mishra takes active interest in promoting healthy heart habits amongst people. He has founded the Payasuni Heart valve Foundation for prevention and treatment of rheumatic heart diseases.

Born in 1954, Dr. Mishra completed his MBBS and MS from S.S Medical College in MP. He is a Ph.D in cardiovascular surgery from Bakulev Institute of Cardiovascular Surgery, Moscow, Russia and Fellow in cardiothoracic surgery at Thoracic Centre of University Hospital in Uppsala, Sweden.

As on June 2007