

Curriculum Vitae

Dr. Arun Bhanot MS (Ortho), FABMISS
2071, SBI Apartments, Vikas Puri
New Delhi, India
Pin –110018

Key Skills and Experience

Skilled in various Percutaneous Endoscopic Spinal Surgeries under local anesthesia, kyphoplasty, vertebroplasty, as well as Open Microscopic Spinal Surgeries for spinal decompression, instrumentation and deformity correction.

Professional Experience

1. Chief Endoscopic and Microscopic Spine Surgeon,
Primus Superspecialty Hospital, Chandragupt Marg, Chanakyapuri, New Delhi.

2. Consultant Spine Surgeon,
Jaipur Golden Hospital, Sector 3, Rohini, Delhi-110085

3. Senior Visiting Consultant,
Indian Spinal Injuries Centre, Sector C, Vasant Kunj, N. Delhi-110070

Principal Responsibilities:

Spine & Endoscopic Spine Surgery

- Minimally invasive spinal procedures (Transforaminal endoscopic discectomies, selective nerve root blocks, etc.) mostly under local anesthesia. Many of these procedures are first of their kind in North India
- Microscopic spinal decompression, instrumentation and stabilization procedures.
- Percutaneous Endoscopic Cervical Discectomy under local anesthesia
- Percutaneous Vertebroplasty and Kyphoplasty
- Spinal Deformity Correction

Fellowship in Minimally Invasive Spinal Surgery

Wooridul Spine Hospital, Seoul, South Korea

Wooridul is a 226 bed exclusive spine hospital and is the world leader in spine care with more than 10,000 spinal procedures performed annually.

Highlights:

- Learnt the various advanced minimally invasive spinal surgeries like percutaneous transforaminal endoscopic lumbar and cervical disc surgery, percutaneous vertebroplasty, percutaneous kyphoplasty, etc. all under local anesthesia.
- Also learnt the surgical techniques for minimally invasive spinal fusion, microscopic spine surgery and non-fusion spinal surgeries.
- Was involved in the process of writing a textbook on percutaneous endoscopic spinal surgery under local anesthesia.

Experience

A personal experience of performing more than 600 spinal procedures and more than 200 endoscopic and minimally invasive spinal procedures under local anesthesia. Pioneered Keyhole Cervical Endoscopic Disc Surgery under Local Anesthesia in India.

Apr '04 –Mar '05

Consultant Orthopedic Surgeon
Swami Vivekanand Hospital, Ludhiana

Mar '01 –Mar '04

Senior Resident, Department of Orthopedics
Government Medical College & Hospital, Sector 32, Chandigarh.

Apr '00 –Mar '01

Senior Resident, Department of Orthopedics.
SGRD Institute of Medical Sciences & Research, Amritsar

Feb '99 –Mar '00

Senior Resident, Department of Orthopedics
Beas Hospital, Beas, Amritsar.

Publications

International Journals

1. Percutaneous Endoscopic Discectomy for Extraforaminal Lumbar Disc Herniations “Extraforaminal Targeted Fragmentectomy” Technique using Working Channel Endoscope
Gun Choi, Sang-Ho Lee, Arun Bhanot, Pradyumna Pai Raiturker, YuSik Chae
Spine. 2007 Jan 15;32(2):E93-9.
2. Modified Transcorporeal Anterior Cervical Microforaminotomy – A Technical Note and Early Results
Gun Choi, Sang-Ho Lee, Arun Bhanot, YuSik Chae, Byungjoo Jung, SeungCheol Lee,
Eur Spine J. 2007 Sep;16(9):1387-93. Epub 2007 Jan 3
3. An Oblique Paraspinal Approach for Intra-canalicular Disc Herniations of the Upper Lumbar Spine: Technical Case Report
Ki-Hyoung Moon, Sang-Ho Lee, Byoung Joon Kong, Song-Woo Shin, Arun Bhanot,
Dong-Yun Kim, Ho Yeon Lee
Neurosurgery 2006 Oct; 59(4): Operative Neurosurgery Supplement 2:ONS-E487-ONS-E488.
4. Immediate pain improvement is a useful predictor of long-term favorable outcome after percutaneous laser disc decompression for cervical disc herniation.
Lee SH, Ahn Y, Choi WC, Bhanot A, Shin SW
Photomed Laser Surg. 2006 Aug; 24 (4):508-13.
5. Management of odontoid fractures with anterior screw fixation.
Bhanot A, Sawhney G, Kaushal R, Aggarwal AK, Raj Bahadur
J Surg Orthop. Adv. 2006 Spring; 15 (1): 38-42.
6. Intrapartum Coccygeal Fracture, A Cause for Postpartum Coccydynia: A Case Report
Kaushal R, Bhanot A, Luthra S, Gupta PN, Sharma RB
J Surg Orthop Adv. 2005 Fall; 14(3): 136-7.
7. Isolated Sheer Fracture of Humeral Trochlea – Case Report.
Kaushal R, Bhanot A, Gupta PN, Raj Bahadur
Injury Extra 2005 (36): 210-211.
8. Fracture of Posterior Process of Talus – Case Report.
Bhanot A, Kaushal R, Bhan R, Gupta PN, Gupta R, Raj Bahadur
Injury 2004 Dec; 35(12): 1341-4.

Conference organization

- Organized a conference and live surgery workshop on Percutaneous Endoscopic Discectomy Techniques on May, 2007 at Jaipur Golden Hospital, New Delhi
- Conducted a live surgery and Cadaveric Workshop on Percutaneous Endoscopic Discectomy Techniques on April, 2009 at Indian Spinal Injuries Centre, Vasant Kunj, Delhi.

Professional & Educational Qualifications

2006
2005
1998
1993

Fellow of American Board of Minimally Invasive Spine Surgery (FABMISS)
Fellowship Minimally Invasive Spine Surgery - Wooidul Spine Hospital, Seoul, South Korea
MS (Orthopedics) Govt. Medical College & Hospital, Amritsar
MBBS Government Medical College & Hospital, Amritsar

Personal Data

Date of Birth : 26th October, 1971
Languages Known : English, Hindi, Punjabi
Marital Status : Married
Interests : Reading, watching sports and travel

References

Prof. Raj Bahadur
MS, MNAMS, FICA, FIMSA, FAOI
Professor, Department of Orthopedics,
PGIMER, Chandigarh,
India -110046.
Ph: +91-941-703-7844

Dr Gun Choi
M.D., F.R.C.S., Ph.D
Director, Minimally Invasive Spine Centre,
Wooidul Spine Hospital, Chungdam Dong,
Gangnam Gu, Seoul, South Korea - 135 001
choigun@wooidul.co.kr
Ph: +82-112-238-116